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|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Breakfast** | Selection of cereals and wholemeal toast  Pancakes | Selection of cereals and wholemeal toast  Bagels | Selection of  Cereals and wholemeal toast Scrambled egg | Selection of  cereals and wholemeal toast  Natural yogurt& fresh fruit | Selection of  Cereals and wholemeal toast  Croissants |
| **Mid Morning**  **Snack** | Crumpets  &  Apple | Rice cakes  &  Blackberries | Savoury cracker  &  Cucumber | Potato cake  &  Blueberries | Toast fingers  &  Grapes |
| **Lunch** | Teriyaki chicken with rice and broccoli  Summer Fruit Crumble | Beef stroganoff with spaghetti and mixed vegetables  Fruit cocktail | Roast pork loin with roast potatoes, Yorkshire puddings and peas  Peaches and cream | Tuna pasta bake with carrots  Fruit jelly | Sweet and sour chicken with noodles and sweetcorn  Strawberry mousse |
| **Vegetarian**  **Lunch** | Teriyaki Quorn  As above | Vegetarian sausages  As above | Roast vegetables  As above | As above | Sweet and sour Quorn  As above |
| **Mid Afternoon**  **Snack** | Bread sticks  &  Banana | Melon  &  Oatcake | Scone  &  Kiwi | Fruit loaf  &  Satsuma | Cream crackers  &  Pineapple |
| **Tea** | Bacon and courgette pasta bake with tomatoes  Melon boats | Fish fingers with crusty bread and carrot sticks  Fruit tart | Pizzas with salad sticks  Fruit yoghurt | Baked beans on toast, cheese and tomatoes  Natural yoghurt, fresh fruit | Hot dogs in rolls with cucumber and pepper sticks  Natural yoghurt, fresh fruit |
| **Vegetarian**  **Tea** | Vegetarian pasta | As above | As above | As above | Vegetarian sausage  As above |
| **Drinks** | Milk or water | Milk or water | Milk or water | Milk or water | Milk or water |

**Allergies -** All allergies & dietary requirements are catered for. Dairy, wheat & gluten alternatives will be

incorporated within this menu.

**Meat** – All meat is sourced locally from Burtons Butchers.

**Tiny ones/weaning** – We can puree our meals for the youngest and also adapt for the young ones by making vegetable purees etc.

There is always a choice of natural yoghurt and fresh fruit for dessert.