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|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Breakfast** | Selection of cereals and wholemeal bread  Crumpets | Selection of cereals and wholemeal bread  Brioche | Selection of cereals and wholemeal  bread  Bagel | Selection of  cereals and wholemeal bread  Croissants | Selection of  Cereals and wholemeal toast Scrambled egg |
| **Mid Morning**  **Snack** | Breadstick  &  Melon | Oatcakes  &  Satsuma | Rice cakes  &  Cucumber | Apple  &  Malt loaf | Teacakes  &  KIwi |
| **Lunch**  **Pureed for very young** | Chilli beef with rice and sweetcorn  Blueberry cake | Homemade chicken goujons & tomato pasta bake & broccoli  Apple and rhubarb crumble with ice cream | Lamb moussaka with carrots  Strawberries and cream | Beef ragu with pasta and green beans  Chocolate mousse | Fish fingers, mash potato and green beans  Fruit yoghurt |
| **Vegetarian**  **Lunch** | Quorn chilli  As above | Vegetarian goujons  As above | Veggie moussaka  As above | Quorn ragu  As above | As above |
| **Mid Afternoon**  **Snack** | Fruit loaf  &  Grapes | Cheese thins  &  Apple | Cream crackers  &  Pear | Savoury cracker  &  Banana | Scones  &  Blueberries |
| **Tea** | Sandwiches with ham, cheese or tuna filling  Cucumber  Banana and custard | Homemade pizzas with cherry tomatoes  Summer fruit salad | Carbonara pasta bake with veggie sticks  Fruit jelly | Pita bread, dips, chicken with cucumber and pepper sticks  Custard and fruit | Spaghetti hoops on toast with cheese and carrot sticks  Fresh fruit |
| **Vegetarian**  **Tea** | As above | As above | As above | Quorn ham  As above | As above |
| **Drinks** | Milk or water | Milk or water | Milk or water | Milk or water | Milk or water |

**Allergies – All** allergies & dietary requirements are catered for. Dairy, wheat & gluten alternatives will be

incorporated within this menu.

**Meat** – All meat is locally sourced from Burtons Butchers

Desserts – A choice of homemade puddings, fresh fruit or plain yogurt is always available.

Tiny ones/ weaning- we can puree our meals for the youngest & also adapt to the young ones by making vegetable purees etc.