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|  |  **Monday** |  **Tuesday** |  **Wednesday** |  **Thursday** |  **Friday** |
| **Breakfast** | Selection of CerealsCrumpets | Selection of CerealsWholemeal toast | Selection ofCerealsBagels  | Selection ofCerealsCroissant | Selection ofCerealsScrambled eggs on toast |
| **Mid Morning****Snack** | Melon &Breadsticks | Oatcakes&Strawberries | Rice cakes&Cucumber | Apple&Satsumas | Scones&Grapes |
| **Lunch****Pureed for very young** | Sweet and Sour chicken with noodles, broccoli and cauliflowerFruit yoghurt | Vegetable tajine with couscous and chickpeas Chocolate mousse | Tomato pasta bake with homemade chicken goujons, green beans and courgettesBerries and cream | Fish biriyani with sweetcorn and peasApple sponge | Chicken and bacon lasagna with carrots, garlic breadBanana custard |
| **Vegetarian****Alternative** | Sweet and Sour Quorn | As above | Vegetarian goujons | As above | Vegetable lasagne |
| **Mid Afternoon****Snack** | Fruit load & Grapes | Potato cakes&Apples | Cream crackers, butter & Pears | Teacakes &Raspberries | Malt loaf&Blueberries |
| **Tea** | Quiche Lorraine,Tomatoes and cucumberFruit cocktail | Summer vegetable soup with crusty breadShortbread with banana dip | Selection of sandwiches with carrot sticksPineapple upside down cake | Baked beans on toast with cucumberFruit & fromage frais | Crumpets, ham and cheese, tomatoesNatural yoghurt and fresh fruit |
| **Vegetarian****Tea** | Vegetable quiche | As above | As above without meat | As above  | As above without ham  |
| **Drinks** | Milk or water | Milk or water | Milk or water | Milk or water | Milk or water |

**Allergies -** All allergies & dietary requirements are catered for. Dairy, wheat & gluten alternatives will be incorporated within this menu.

**Meat** – All meet is sourced locally from Burtons Butchers.

**Desserts** – A choice of homemade puddings, fresh fruit or plain yoghurt is always available.

**Tiny ones/ weaning** – We can puree our meals for the youngest and also adapt to the young ones by making vegetables purees etc.