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|  |  **Monday** |  **Tuesday** |  **Wednesday** |  **Thursday** |  **Friday** |
| **Breakfast** | Selection of cereals and wholemeal toast Pancakes | Selection of cereals and wholemeal toast Bagels | Selection of cereals and wholemeal toast Scrambled eggs | Selection of cereals and wholemeal Croissant | Selection of cereals and wholemeal toastNatural yoghurt and fresh fruit |
| **Mid Morning****Snack** | Rice cakes&Satsumas | Potato cake & Kiwi | Breadsticks &Grapes | Pancakes&Blueberries | Green apple&Cheddar |
| **Lunch** | Pork sausages, mashed potatoes and mixed vegetablesFruit cocktail | Turkey meatballs in tomato sauce,Pasta and broccoliFruit yoghurt | Sweet and sour chicken, rice and peasFruity flapjack | Tuna pasta bake, garlic bread and green beansFruit jelly | Cottage pie and baked beansButterscotch mousse |
| **Vegetarian****Lunch** | Vegetarian sausagesAs above | Vegetarian meatballsAs above | Sweet and Sour Quorn As above | As above | Quorn PieAs above |
| **Mid Afternoon****Snack** | Malt loaf&Pear | Crumpets &Apples | Tea cakes&Bananas | Oatcakes&Satsuma | Water biscuits&Cucumber |
| **Tea** | Savoury rice with carrot sticksBanana loaf | Cold meat, couscous and cucumberPineapple slices and homemade shortbread | Fish fingers and crusty bread, tomatoes and cucumberMixed berries | Toasted bagels with cream cheese, cucumber and pepperFresh fruit | Hot dog in a roll with tomatoesFruit and fromage frais |
| **Vegetarian****Tea** | Vegetarian riceAs above | Quorn meatAs above | As above | As above | Vegetarian sausageAs above |
| **Drinks** | Milk or water | Milk or water | Milk or water | Milk or water | Milk or water |

**Allergies –** All allergies & dietary requirements are catered for. Dairy, wheat & gluten alternatives are incorporated within this menu.

Meat – All meat is sourced locally from Burtons Butchers.

Tiny ones / weaning – We can puree our meals for the youngest & also adapt for the young ones by making vegetable purees etc.